

**HANDOUT FOR MENTEE****EMPLOYABILITY****5. Theme** "Successful adaption in a new workplace"**Exercise** "Are you communicative?"**Adapted by:** Burgas Free University**Based on:** Кен Ръсел, Филип Картър (2005) Психометрични тестове. 1000 начина за оценяване на личността, креативността, интелигентността, латералното мислене. Изд. Къща ЛИК ISBN 954-607-701-1**1 Step****HANDOUTS FOR MENTEES****Task for mentee**

In this exercise there are some statements about communication for you. Please read each statement and select your answer by using a scale from 5 to 1. If a statement meets your views, you circle 5, and if it doesn't at all - 1. You should choose the only one answer (**1, 2, 3, 4 or 5**). Mark your selection.

For example if you fully agree with the statement, select number 5; in case you fully disagree with the statement, select number 1. In case you do not agree either disagree, but your answer would be somewhere in the middle, please select between the scale from 4 to 2.

At the end of the test your Mentor will comment the results for you.

1. If you want that people show their best qualities, they should be forced rather than supported.

5      4      3      2      1

2. I am not a good listener.

5      4      3      2      1

3. I'd rather have a long walk on my own, than in a group.

5      4      3      2      1

4. I am not very much patient about listening to the problems of others.

5      4      3      2      1

5. I feel better when I talk to people face to face than in a group.

5      4      3      2      1

6. I'd rather say I am a venturesome man than cheerful.

5      4      3      2      1

7. I deeply believe that people should deal with their own matters by themselves.

5      4      3      2      1

8. I don't think that beggars should be given any money.

5      4      3      2      1

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9. In my opinion, there are more important things in life than the good personal relationships.

5 4 3 2 1

10. I'd rather work alone than in a group.

5 4 3 2 1

11. I am rather a dominant personality than a communicative one.

5 4 3 2 1

12. I'd like to see myself as a perfectionist.

5 4 3 2 1

13. I'd rather describe myself as a self-sufficient person than as a man who would change his/her behaviour for the sake of getting to know the others.

5 4 3 2 1

14. I like planning my holiday by myself rather than joining pre-planned trips.

5 4 3 2 1

15. I don't like high society events.

5 4 3 2 1

16. I prefer individual sports to team ones.

5 4 3 2 1

17. I need to keep everything under control rather than float down the river.

5 4 3 2 1

18. I prefer celebrating my birthday calmly, and I will be very disappointed if somebody prepares an unexpected party for me.

5 4 3 2 1

19. I don't think that I would be a good head of a personnel department.

5 4 3 2 1

20. I rarely, or almost never, take part in charity events.

5 4 3 2 1

21. I am not bothered at all by the fact that somebody might get hurt because I am telling what is on my mind.

5 4 3 2 1

22. I can often be intolerant to the other's opinion.

5 4 3 2 1

**HANDOUT FOR MENTEE**

**EMPLOYABILITY**

5. Theme “Successful adaption in a new workplace”

Exercise “Are you communicative?”

23. I don't make friends easily.

5      4      3      2      1

24. When I am on a long journey I do not normally start a conversation with strangers sitting next to me.

5      4      3      2      1

25. People think I am rather a “lone wolf” than a communicative person.

5      4      3      2      1

26. I rarely ask others for advice.

5      4      3      2      1

27. I don't think that it is important to suppose myself in somebody else's place in order to understand their viewpoint.

5      4      3      2      1

28. I am rather adamant in my understandings than tolerant.

5      4      3      2      1

29. If a colleague of mine wins the jackpot, I'd rather envy him than be happy.

5      4      3      2      1

30. I don't find it interesting to take part in meetings/sessions.

5      4      3      2      1

31. It is important to get acquainted with the right people.

5      4      3      2      1

32. If somebody calls me and asks to sell tickets for a charity event, I would most likely refuse the offer.

5      4      3      2      1