

INSTRUCTION FOR MENTOR**EMPLOYABILITY**

1. Theme “Self-evaluation for my willingness/ motivation to work”
Exercise “Are you risky?”

Adapted by: *Burgas Free University*

Based on: *Кен Ръсел, Филип Картър (2005) Психометрични тестове. 1000 начина за оценяване на личността, креативността, интелигентността, латералното мислене. Изд. Къща ЛИК ISBN 954-607-692-9*

Aim of the exercise

- To evaluate mentee’s ability to take risks.

Description

The ability to take some reasonable risks is important feature for the carrier development as well as the personality improvement. Job search requires certain courage and active acting if person wants to get a job. In this exercise mentee will have possibility to evaluate his/her ability to take a risk.

Expected duration: 40 min.

Steps for performing the exercise:

- I. Mentor introduces the theme and the exercise to the mentee(s), he/she explains the aim of the exercise and how to perform it.
- II. There are 2 steps in this exercise:
 - 1 **Step:** Mentees perform test individually.
 - 2 **Step:** Mentor comments the results to Mentees according the points they have gathered.

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HANDOUT FOR MENTEE**Task for mentee**

Please read the statement/question and choose one of the possible answers (a, b or c).
Mark your selection.

1. What is your opinion on the old saying "In order to earn you have to break the rules"?
 - a) I do not agree;
 - b) It is sometimes true;
 - c) I agree.

2. How often do you drive your car when the traffic-lights are red?
 - a) Never;
 - b) Sometimes;
 - c) Quite often.

3. Have you ever taken part in a dangerous sport?
 - a) No;
 - b) No, but it is possible;
 - c) Yes.

4. Are you afraid of flying?
 - a) Yes;
 - b) A little;
 - c) Not at all.

5. Will you ever agree to jump by a parachute?
 - a) Never;
 - b) Probably;
 - c) Yes.

6. You take part in the TV show "Who wants to be a millionaire?". You have just won big amount of money. The next question is for double amount of money but if you choose the wrong answer, you will win 60%. You have excluded two of the answers and are 75% sure in the correct answer. Will you risk or you will stop the game at this point.
 - a) I will take the money;
 - b) I don't know. It will depend on how I feel at that moment;
 - c) I will run the risk.

7. For 15 years you have been working one and the same regular job (with good salary and reliability for you and your family). One day another company offers you a salary 25% bigger than your present one, but the job is less reliable. Will you accept the offer?
 - a) I doubt it;
 - b) I will consider the offer very carefully;
 - c) I will probably accept the offer.

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8. How often do you break the speed limit on highways?
- Never;
 - Sometimes;
 - Quite often.
9. Do you believe in taking well-judged risks?
- No;
 - Sometimes;
 - Yes.
10. Which of the following statements is true about your opinion on insurances?
- I believe more in reinsuring than in the insufficient one;
 - I make insurances only when I think it is necessary and prudently;
 - Insurance is a necessary evil.
11. Have you ever done anything brave and risky, and you hope nobody would learn about it?
- No, as far as I remember;
 - I suppose I have sometimes done such a thing;
 - Yes, and that gave me a good start in life.
12. Will you ever climb on the roof of your house to change the roof-tiles?
- No, never;
 - I will, but I will be very much worried;
 - I will not be worried at all.
13. You have been jobless for a long time. You receive an offer for a risky job (e.g. a policeman, firefighter). Will you accept it?
- No;
 - It is possible;
 - Yes.
14. You are walking and you see there are no cars on the road but the traffic-lights are red. Will you cross the street?
- No;
 - I sometimes do so;
 - Always.
15. You won a big amount of money from bonds. You want to invest half of them. Which of the following offers will you choose?
- Invest the money in bonds again;
 - Deposit the money in the bank that offers the highest interest, or in a building company;
 - Invest them in an investment company that has a very high interest rate and a very low level of risk.

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16. Will you bet your weekly wage on a game of cards?
- Never;
 - I must be very drunken to do so;
 - Yes, it is so exciting.
17. Will you change your secure but boring job for another less secure but giving you pleasure one?
- No;
 - Probably;
 - Yes.
18. When you register in a hotel, do you read the fire-precaution instructions?
- Yes;
 - Sometimes, if I happen to notice them;
 - No.
19. Will you break the law if that significantly favors you and it is almost sure that nobody will see or catch you?
- No, I won't dare to even if I wanted to;
 - I doubt it, but nobody can be absolutely sure until he / she falls into such a situation;
 - I seriously doubt it.
20. How often do you get on the roller coaster when in a fun-fair?
- Never, or just once;
 - More than once, but it was basically because my friends wanted to get on it;
 - More than once because I like the thrill.
21. Which of the following words are you secretly hoping to hear about yourself?
- Firm and devoted;
 - Wise and reliable;
 - Wild and scandalous.

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EXPLANATION OF THE RESULTS**Task for mentor****Assessment of the results**

Now the results should be counted: give 1 point for every 'b' answer, 2 points for every 'c', and 0 point for every 'a'.

Below you will find explanation of the results for mentee(s). Please explain the results to mentee(s).

31 and more

It is certain that you love to risk to the maximum but if you want to live to a ripe old age, then you will need "more lives than a cat has" (as it is in the old saying about the cat).

At least nobody can say to you that your life is boring - many should admire your courage and the lifestyle you have. Perhaps you are a person who has earned, or lost, a fortune and this may have happened many times. You probably have so many stories to tell about your exploits.

Seriously speaking, it will be wise to advise you to master your behavior and remember the old adage: "Look around and listen carefully before you cross." If you manage to keep to it, then you will probably have greater success in life.

To be over risky is a feature which could be an obstacle for your successful carrier development.

20-30 points

Lucky you! You have found the happy medium of life. In certain cases you do not mind risking and do it in a well measured manner having considered all the possibilities. Yet, you feel some emotion when you accidentally take a risk, provided that does not endanger your life but enriches it. The ability to take reasonable risks is important issue for both the carrier and personal development and improvement.

Fewer than 20 points

You are a "scary bunny" who is always sensitive and afraid when "diving" in life. On the one hand, this sensitivity has its advantages, but remembers - life is full of experiences that sometimes you have to look for and try a random chance. To do something just like that can be enriching your life experience and does not necessarily mean to pose an excessive risk which will hurt you. So, try to act in more risky way!